

Events 2017

*Whatever your passion,
there's something for everyone*



“Do I have the courage to jump out of this plane?”

“That was what went through my mind on the morning of my 73rd birthday, just before I leapt from the plane and plummeted 12,000 feet towards the ground.



Nigel Harrison, Hospice Supporter

My tandem skydive saw me free falling at 120 miles per hour for a part-thrilling, part-terrifying 30 seconds before my parachute opened and I drifted gently down onto Headcorn’s airfield. With a panoramic view of the beautiful Kent countryside as far as the English Channel, the whole experience was exhilarating; I will never forget it!

Diagnosed with cancer last year, and having been through surgery, I had a glimpse into what the patients who rely on Pilgrims services are going through. As soon as I heard I was in remission I decided undertake a personal challenge to raise vital funds. With support from my lovely wife Gwen I started fundraising.

End of life care is a difficult thing to talk about, but it’s comforting knowing there’s help out there. It’s a great feeling to know the efforts of people like me will mean that Pilgrims will continue to be there for those who need them in the future. To have that comforting parachute that makes all the difference during what can otherwise be a very scary time.”

Each year Pilgrims supports hundreds of local people coping with a life limiting illness and their families. Our charity offers a range of services: from end of life care given on our wards, to our new wellbeing and social programme supporting people after they are diagnosed to live well and stay independent.

If you or someone you know has been diagnosed with a life limiting illness, visit www.pilgrimshospices.org to find out more about our full range of services.

Contents by activity



Walking events

pages 4 - 7



Running events

pages 8 - 10



Cycling events

pages 11 and 14



Special events

pages 15 - 16



Hospice fairs

page 17



Challenges

page 18



In Memory events

page 19

Walking events

A Night to Shine



We're delighted to introduce 'A Night to Shine': our brand new sponsored walk that brings together people from all across our east Kent community for one very special evening. Gather family, friends or colleagues for our sponsored 5k or 10k routes in Ashford, Broadstairs or Canterbury. In each town, enjoy live music, a friendly, party

A Night to Shine

30 September 2017

Where:

Julie Rose Stadium, Willesborough Road,
Ashford TN24 9QX

Broadstairs Pavilion, Harbour Street,
Broadstairs CT10 1EU

Canterbury Christchurch University
Sports Centre, Pilgrims Way,
Canterbury CT1 1PH

Registration:

Early bird entry: Adult £12

Under 18s: £8

Under 3's go free

(closing date: 30 June)

Standard entry: Adult £15

Under 18s: £12

(closing date: 24 September)

On the night: Adult £20

Under 18s: £15

(entry includes lantern, tshirt,
medal & more!)

Sponsorship:

Raise as much as you can!

New



- ★ Walk for fun, fitness or in memory of a loved one
- ★ Personalise your lantern and carry it with you as you walk
- ★ Be a superstar! Raise £250 or more via JustGiving before the event date and we'll refund your entry fee to thank you for shining so brightly.

atmosphere, energetic warm up and lots more... before setting off simultaneously into the night amid a sea of lantern light. Have a night to remember and help us to be there for the next family who needs us. This is your night to shine!

Trekking events

Nepal Trek with hospice project

11-22 November 2017

Where:

Nepal

Registration:

£295 + £1,900 self funding option with no minimum sponsorship commitment

Sponsorship:

Other funding options available

New



Experience stunning scenery and memorable moments. Pilgrims introduces a unique opportunity to explore the high altitude trails of the Himalayas in Nepal's Annapurna region combined with the chance to get involved in supporting a Nepalese hospice. Surrounded by mighty snow-capped peaks, you'll spend five days trekking through alpine forests. Enjoy panoramic views of one of the most breath-taking mountain ranges on Earth, culminating in time spent helping to refurbish a local hospice project.

Ultra Challenge Series

Isle of Wight Challenge
29-30 April 2017

London 2 Brighton Challenge
27-28 May 2017

Cotswold Way Challenge
1-2 July 2017

South Coast Challenge
26-27 August 2017

Thames Path Challenge
9-10 September 2017

Registration:

Full 100km Challenge: £70
Half 50km Challenge: £50
Quarter 25km Challenge: £40

Sponsorship:

100km challenge: Minimum sponsorship pledge of £395
50km challenge: Minimum sponsorship pledge of £275
25km Challenge: Minimum sponsorship pledge of £150

New



Choose from five inspiring endurance events like no other; you can walk, jog or run in aid of Pilgrims Hospices. Whether it's a 25km walk, a testing 50km, or the 100km ultra marathon run or walk - there's a distance for all! These all-inclusive challenges are perfect for people of all fitness levels. Passing by stunning scenery, meeting new friends and discovering hidden resilience and spirit, few can describe the elation of crossing the finishing line.

Running events

Virgin Money London Marathon

23 April 2017

Where:

London

Registration:

Charity places: £50 with a minimum sponsorship pledge of £1,800



Experience the amazing atmosphere of one of the most iconic sporting events in the world. With excellent race day support and thousands of people lining the streets of the capital to cheer you on, it really is an event like no other. We have a limited number of charity places which are allocated by application. Runners with their own ballot place are also invited to join **#TeamPilgrims** with no minimum sponsorship commitment.

Vitality London 10,000

29 May 2017

Where:

London

Registration:

Charity places: Free with a minimum sponsorship pledge of £250

New



Looking to soak up the vibrant atmosphere of a big London city centre race, but not ready to take on the full marathon? The Vitality London 10k passes many of the capital's most famous landmarks, including an unforgettable finish outside Buckingham Palace. With charity places available, there's never been a better time to take your running to the next level.

Brighton Marathon

9 April 2017

Where:

Preston Park, Brighton,
BN1 6SD

Registration:

Charity places: Free with a minimum sponsorship pledge of £500



Set among the buzzing city streets and stunning coastal views of Brighton and Hove, it's easy to see why the Brighton Marathon is one of the country's most loved marathons. This run gets bigger and better every year and the finish along the spectacular seafront is a real highlight. Charity places are allocated by application. Runners with their own ballot place are also invited to join **#TeamPilgrims** with no minimum sponsorship commitment.

Canterbury Half Marathon

28 August 2017

Where:

Merton Farm, Canterbury,
CT4 7BA

Registration:

Charity places: Free with a minimum sponsorship pledge of £100



Held against the beautiful backdrop of the Kent Downs, the 13 mile course challenges the novice and veteran alike. Navigate the undulating country lanes on the outskirts of the historic city, before finishing with stunning views of Canterbury Cathedral. With a huge bank holiday crowd, it's a real highlight to any runner's season.

Running events



Thanet 5k Colour Run

14 May 2017

Where:

Palm Bay, Cliftonville, Margate

Registration:

Early bird entry: Adult £16,
Child (under 11) £10

On the day: Adult £20,
Child (under 11) £10
(Entry includes white t-shirt,
paint sachet & medal)

Sponsorship:

Raise as much as you can!

This family 5k run is an explosion of colourful fun. Run through brightly coloured powder paint clouds as you pass through our different colour stations around the route. Gather friends and family and join us as we colour the coast along Thanet's spectacular seafront.



Santas on the Run

3 December 2017

Where:

The Bandstand, Herne Bay,
CT6 5JJ

Registration:

Advanced entry: Adult £16,
Under 18s £10
Family (2 adults, 2 Children) £40

On the day: Adult £20,
Under 18s £10
(Entry includes Santa suit)

Sponsorship:

Raise as much as you can!

New

Christmas comes early in our brand new festive family fun run - Santas on the Run! Gather your elves both big and small and join hundreds of fellow Santas as you dash through a winter wonderland along the seafront at Herne Bay. There's a choice of a 3k or 5k route with a medal for every finisher, as well as prizes for the best accessorized outfits! Dogs are welcome dressed up and on leads.

Pilgrims Hospices Cycle Challenge

30 April 2017



Where:

University of Kent, Canterbury
CT2 7NZ

Registration:

Early bird entry: £25
(closing date: 12 March)

Standard Entry: £30
(closing date: 23 April)

On the day: £45

Distances:

The Classic - 50 miles

The Challenge - 75 miles

The Century - 100 miles

Sponsorship:

Raise as much as you can!

New venue

New routes



Our biggest event of the year is back by popular demand - and with a brand new start and finish venue and improved routes, it's set to be even bigger than ever! Get on your bike and join more than 1,000 cyclists of all abilities as you explore the beautiful Kent countryside with friends, family and colleagues. Ride it your way by choosing one of three ride distances, then soak up the festival atmosphere in our event village.

Event Calendar 2017

March 2017

- 3** Firewalk, Canterbury
- 4** Firewalk, Folkestone
- 10** Firewalk, Tenterden
- 11** Firewalk, Deal

June 2017

- 3** Skydive Day
- 18** Divas on Wheels, Faversham
- 29** Sunflower Memories Day, Canterbury
- 29** Sunflower Memories Day, Margate
- 30** Sunflower Memories Day, Ashford

July 2017

- 9** It's a Knockout, Faversham
- 9** It's a Knockout, Thanet
- 15** Vintage Tea and Fair, Canterbury
- 19 - 23** London to Paris Bike Ride

October 2017

Throughout the month

Big Get Together

January 2018

13 - 14 Tree Recycling, Ashford and Tenterden

March 2018

25 Thanet 5k Fun Dog Walk (Save the date)

April 2017

- 9 Brighton Marathon
- 23 Virgin Money London Marathon
- 30 Pilgrims Hospices Cycle Challenge

May 2017

- 14 Thanet 5k Colour Run
- 29 Vitality London 10,000

August 2017

- 5 Summer Fair, Ashford
- 28 Canterbury Half Marathon

September 2017

- 1 Thanet 25th Anniversary Gala Ball
- 9 Skydive Day
- 30 A Night to Shine, Ashford
- 30 A Night to Shine, Canterbury
- 30 A Night to Shine, Thanet

November 2017

- 11 Christmas Fair, Ashford
- 11 - 22 Nepal Trek with Hospice Project

December 2017

- 3 Santas on the Run, Herne Bay
- 9 Trees of Love

For latest event information visit
www.pilgrimshospices.org

Cycling events

Divas on Wheels (Ladies only event)

18 June 2017



Where:

Freewheel Pub, Nr Faversham, ME13 9DE

Registration:

Early bird entry: £22
(closing date: 7 May)
Advanced entry: £25
(closing date: 11 June)
On the day: £35

Distances:

25 or 50 miles

Sponsorship:

Raise as much as you can!

Have a great girls day out at Divas on Wheels; an inclusive event suitable for women of all fitness levels, cycling abilities and ages. Choose between a 25 or 50 mile cycle through quiet country lanes with refreshment stops, before being pampered in our special 'Divas Village'. All ladies aged 11 years or over are welcome.

London to Paris Bike Ride

19-23 July 2017



Where:

London, UK to Paris, France

Registration:

£125 + £750 self funding option
with no minimum sponsorship
commitment

Sponsorship:

Other funding options available

The London to Paris bike ride is arguably the most iconic challenge available for any keen cyclist. From your London start line, the four day challenge takes you through 295 miles of beautiful English and French countryside, before finishing in the heart of Paris in good time to enjoy the finale of the Tour de France.



It's a Knockout

9 July 2017

It's a Knockout Thanet

Where: Government Acre,
Ramsgate CT11 0HE

It's a Knockout Faversham

Where: Faversham Recreation
Ground, Faversham ME13 8BF

Registration:

£25 per person

Sponsorship:

Minimum team sponsorship of
£500 or £50pp

If you've ever watched TV shows like 'Total Wipeout' and 'It's a Knockout' and fancied having a go yourself, now you can! Just get together with family, friends or colleagues and enjoy a hilarious day full of giant inflatables and outrageous costumes with a plethora of dry and wet team games including 'Hello Ducky' and 'P-P-Penguin Dash'. Suitable for teams of 10 (aged 16 or over).



Tree Recycling

13 and 14 January 2018

Where:

Ashford and Tenterden

Entry:

Collections by chosen donation

Pilgrims Hospices is calling all Ashford Borough Council residents to get involved with our popular Tree Recycling fundraising campaign. The scheme provides Christmas tree collections from homes across the Ashford Borough Council area by our team of friendly hospice volunteers, in return for your chosen donation.

Special events

Big Get Together

October 2017

Where:

At your home, your workplace or other venue of your choice

Request a free pack:

Visit

www.thebiggettogether.org.uk

to request your free Big Get Together pack

New

Bring family and friends together for a great night in where you choose the theme. It could be a cocktails and canapes evening, BBQ, games night, dinner party, movie night in your PJ's or anything else you fancy. Think of some fun ways for your guests to donate and have a fantastic time knowing it's all for a great cause. What better excuse to spend quality time with friends!

Thanet 25th Anniversary Ball

1 September 2017

Where:

Winter Gardens, Fort Crescent, Margate CT9 1HX

Tickets:

£45 per person

Pilgrims Hospices invites you to join us for a very special evening of fine dining and spectacular live entertainment at the historic Winter Gardens, Margate. Celebrating the 25th anniversary of Pilgrims Hospice Thanet, this glittering event includes a three course meal and musical entertainment from renowned Michael Buble Tribute, Mike Appleton.

Ashford Summer Fair



When and where:

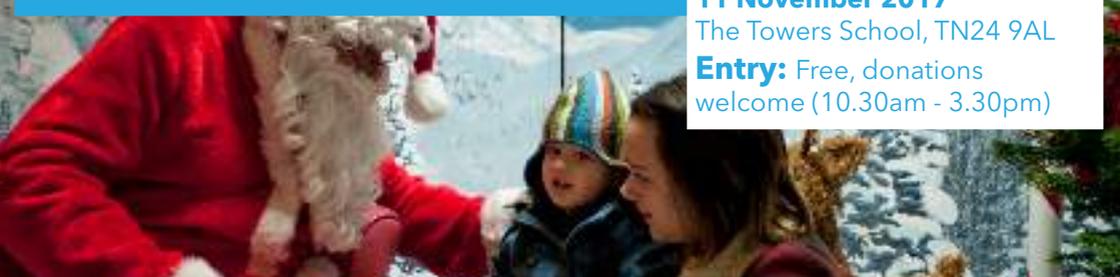
5 August 2017

Ashford hospice, TN24 0NE

Entry: Free, donations welcome (12pm-4pm)

At our summer fair you will find a wide range of stalls, games and activities for the whole family to enjoy. From plants, luxury crafts and handmade cakes to hot food, live music, tombolas and childrens games. Our hugely popular fair is not to be missed.

Ashford Christmas Fair



When and where:

11 November 2017

The Towers School, TN24 9AL

Entry: Free, donations welcome (10.30am - 3.30pm)

Enter the Christmas spirit with a festive visit to our winter fair. Whether you're in search of that perfect gift, a visit to Santa or you simply wish to share in the ho-ho-holiday cheer, you'll find yuletide delights aplenty at our festive fair.

Vintage Tea and Fair



When and where:

15 July 2017

Westgate Gardens, Canterbury, CT1 2DB

Entry:

Entry to the fair is free, donations welcome (12pm-4pm)

Join us in Canterbury's beautiful Westgate Gardens for a summer tea party with a vintage flair. What better way to spend a summer afternoon than watching the punts pass gently by on the river as you enjoy a pot of tea, a slice of delicious cake and indulge in a little retail therapy at our luxury vintage craft stalls.

Challenges

Firewalking

Friday 3 March 2017

Where: University of Kent, CT2 7NZ

Saturday 4 March 2017

Where: Saga Pavilion, Folkestone, CT20 3SE

Friday 10 March 2017

Where: Homewood School, Tenterden TN30 6LT

Saturday 11 March 2017

Where: Tides Leisure Centre, Deal CT14 9UU

Registration:

£20 per person

Sponsorship:

A pledge to raise at least £100 in sponsorship



Join us for the 'hottest, shortest sponsored walk in the world'! It's time to get all fired up for our Pilgrims Firewalk. Embark on one of the most inspirational journeys you will ever undertake; a barefoot walk over red-hot wood embers measuring up to 800 degrees. No tricks, no special effects. Just you and the fire. You'll be left feeling fantastic knowing that if you can achieve this, you can find the confidence to do anything!

Skydiving

3 June 2017 and 9 September 2017

Where:

Headcorn Airfield, Shenley Road, Headcorn, TN27 9HX

Registration:

£20 per person

Sponsorship:

Minimum sponsorship pledge £380



Join us for the adrenaline-fuelled, experience of a lifetime with our tandem skydive days. The sky's the limit as you join other Pilgrims supporters all soaring through the air, ticking something off their bucket list, or taking extreme measures in conquering a fear of heights.



Sunflower Memories

When and where:
Saturday 29 June, 12pm
Canterbury Hospice
Saturday 29 June, 2pm
Margate Hospice
Sunday 30 June, 2pm
Ashford Hospice

Join us this summer and dedicate a sunflower to someone you love. In return for a donation we will write your dedication on a striking sunflower plaque and plant it in the grounds of your chosen hospice throughout June. Join us to celebrate the life of someone special at our **Sunflower Days 29 - 30 June**, and collect your sunflower to cherish at home.



Trees of Love

9 December 2017

When and where:
Saturday 9 December, 5pm
Ashford, Canterbury and
Margate hospices

Celebrate the warmth and brightness of someone special, and write a dedication to hang on our illuminated Trees of Love. Our Trees of Love are special to so many people because they provide a lovely and personal way to remember those we aren't able to spend time with at Christmas. Join us for this beautiful remembrance service with carols, held at the same time at each of our three hospices.

A woman with short reddish hair, wearing a blue t-shirt with the Pilgrims Hospice logo, is smiling and pouring orange paint from a yellow bucket onto the head of a child sitting in a large metal tub. The child is also smiling and has paint on their face. The scene is outdoors on a red running track. In the background, there are blue balloons and other people. The text "Do it your own way!" is written in a white, handwritten font across the top of the image.

Do it your own way!

Hold your own event – create your own challenge

You may prefer to hold your own fundraising event or take part in a different challenge; whatever you are planning we'd be delighted to hear from you.

Use your imagination... It doesn't have to be big, clever or a brand new idea, it just needs to raise money and be fun for you and anyone else taking part.

You can find further resources online at www.pilgrimshospices.org, where you can download our fundraising pack and sponsor form, and fill in our form to request collecting tins, balloons, a letter of authority or hospice literature. Alternatively, contact your local fundraising office (you will find details on the back cover). We are here to help you achieve your fundraising goals!

Other ways to help

Supporting Pilgrims Hospices isn't just about taking part in or organising an event. From making a donation, to volunteering your time, shopping with us or joining the Pilgrims Hospices Lottery – together we can make a difference.

Here are some of the other ways that you can get involved:

- Donate
- Become a regular giver or donate through your payroll
- Leave a gift in your will
- Find a Pilgrims Hospices shop in your area and donate your unwanted goods or go shopping
- Buy through our ebay shop: <http://stores.ebay.co.uk/Pilgrims-Hospice>
- Join our lottery and have the chance to win up to £20,000
- Place a collection pot in your local area
- Volunteer your time on our receptions, in our shops, at a fundraising event, in our offices or as an ambassador.
- Encourage your company, school or organisation to pick us as their 'Charity of the Year'





*Thank you to our
wonderful community
of supporters*



Ashford
Hythe Road
Willesborough, Ashford TN24 0NE
Tel: 01233 504111

Canterbury
56 London Road
Canterbury CT2 8JA
Tel: 01227 812621

Thanet
Ramsgate Road
Margate CT9 4AD
Tel: 01843 233934

Register your interest

To register your interest in an event, to fundraise for us or help in another way please complete the details on this form.

| | | | |
|--------------|----------------------|----------------|----------------------|
| Title | <input type="text"/> | Full Name | <input type="text"/> |
| Email | <input type="text"/> | | |
| Home Address | <input type="text"/> | | |
| | <input type="text"/> | | |
| Postcode | <input type="text"/> | Contact Number | <input type="text"/> |

Tick the box(es) for events you would like further details

| Date | Activity | | Date | Activity | |
|--------------------------|------------|------------------------------|--------------------------|------------------|--|
| <input type="checkbox"/> | 3 March | Firewalk, Canterbury | <input type="checkbox"/> | 15 July | Vintage Tea & Fair, Canterbury |
| <input type="checkbox"/> | 4 March | Firewalk, Folkestone | <input type="checkbox"/> | 29 - 23 July | London to Paris Bike Ride |
| <input type="checkbox"/> | 10 March | Firewalk, Tenterden | <input type="checkbox"/> | 5 August | Summer Fair, Ashford |
| <input type="checkbox"/> | 11 March | Firewalk, Deal | <input type="checkbox"/> | 28 August | Canterbury Half Marathon |
| <input type="checkbox"/> | 9 April | Brighton Marathon | <input type="checkbox"/> | 1 Sept | Thanet 25th Anniversary Ball |
| <input type="checkbox"/> | 23 April | Virgin Money London Marathon | <input type="checkbox"/> | 9 Sept | Skydiving Day |
| <input type="checkbox"/> | 30 April | Pilgrims Cycle challenge | <input type="checkbox"/> | 30 Sept | A Night to Shine |
| <input type="checkbox"/> | 14 May | Thanet 5k Colour Run | <input type="checkbox"/> | 11 Nov | Christmas Fair, Ashford |
| <input type="checkbox"/> | 29 May | Vitality London 10,000 | <input type="checkbox"/> | 11 - 22 Nov | Nepal Trek with Hospice Project |
| <input type="checkbox"/> | 3 June | Skydiving Day | <input type="checkbox"/> | 3 Dec | Santas on the Run, Herne Bay |
| <input type="checkbox"/> | 18 June | Divas on Wheels, Faversham | <input type="checkbox"/> | 10 Dec | Trees of Love |
| <input type="checkbox"/> | 29-30 June | Sunflower Memories | <input type="checkbox"/> | 13 - 14 Jan 2018 | Tree Recycling - Ashford and Tenterden |
| <input type="checkbox"/> | 9 July | It's a Knockout, Thanet | <input type="checkbox"/> | 25 March 2018 | 5k Fun Dog Walk, Deal |
| <input type="checkbox"/> | 9 July | It's a Knockout, Faversham | | | |

Tick the box(es) to let us know how you want to help

| | |
|--------------------------|---|
| <input type="checkbox"/> | I would like to fundraise for you in 2017, please send me your fundraising pack |
| <input type="checkbox"/> | I would like to help by.... |

Please return this form to **Robert Grew, Events Fundraiser at Pilgrims Hospices, 56 London Road, Canterbury, Kent CT2 8JA** or call **01227 812609** or email **fundraising@pilgrimshospices.org**

EV7

By submitting this form, you consent to be contacted by email for the purpose of your event participation. We'd love to keep you informed of other exciting ways to support Pilgrims Hospices and with news about our work.

If you're happy to receive this information by email, please tick this box

We will never share your information with a third party. You can update your contact preferences at any time by calling our **Supporter Relations Team** on **01227 782062** or by writing to us at the address above.

