

Clinical Assessment and Outcome Measurement





Reminder of aims and learning outcomes

- Increase awareness of the principles of end of life care
- Explore evidence base to support best practice and promote confidence in delivery of end of life care
 - Recognise common symptoms at end of life care
 - Identify a range of therapeutic interventions available
 - Utilise evidence based approach
 - Explain importance of regular review and ongoing evaluation to meet changing needs, wishes and priorities of the patient
 - Analyse outcome measurement approach and tools to support.

Evidence base- reminder





Palliative care team consultation and quality of death and dying in a university hospital: A secondary analysis of a prospective study

- Brinkman-Stoppelenburg et al



Preparation

- Skills Toolbox
- Previous knowledge
- Environment
- Equipment
- Documents



Assessment

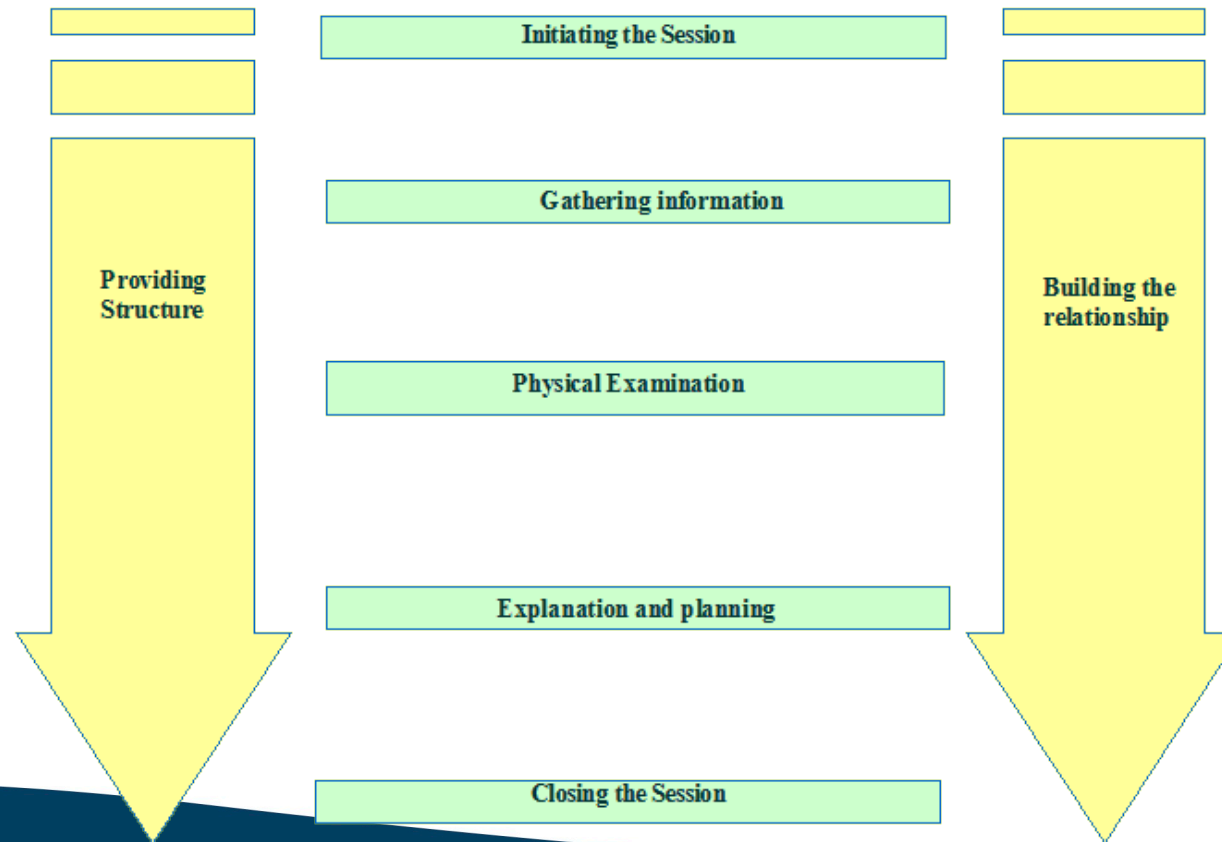
- Gathering of information to make a decision/plan
- <https://www.youtube.com/watch?v=pVrpm0kDTTE>



Aspects of assessment to consider

- Consent
- Confidentiality
- Data protection
- Mental capacity
- Patient/HCP relationship
- Person centred approach
- Focusing on outcomes

Kurtz and Silverman 1996





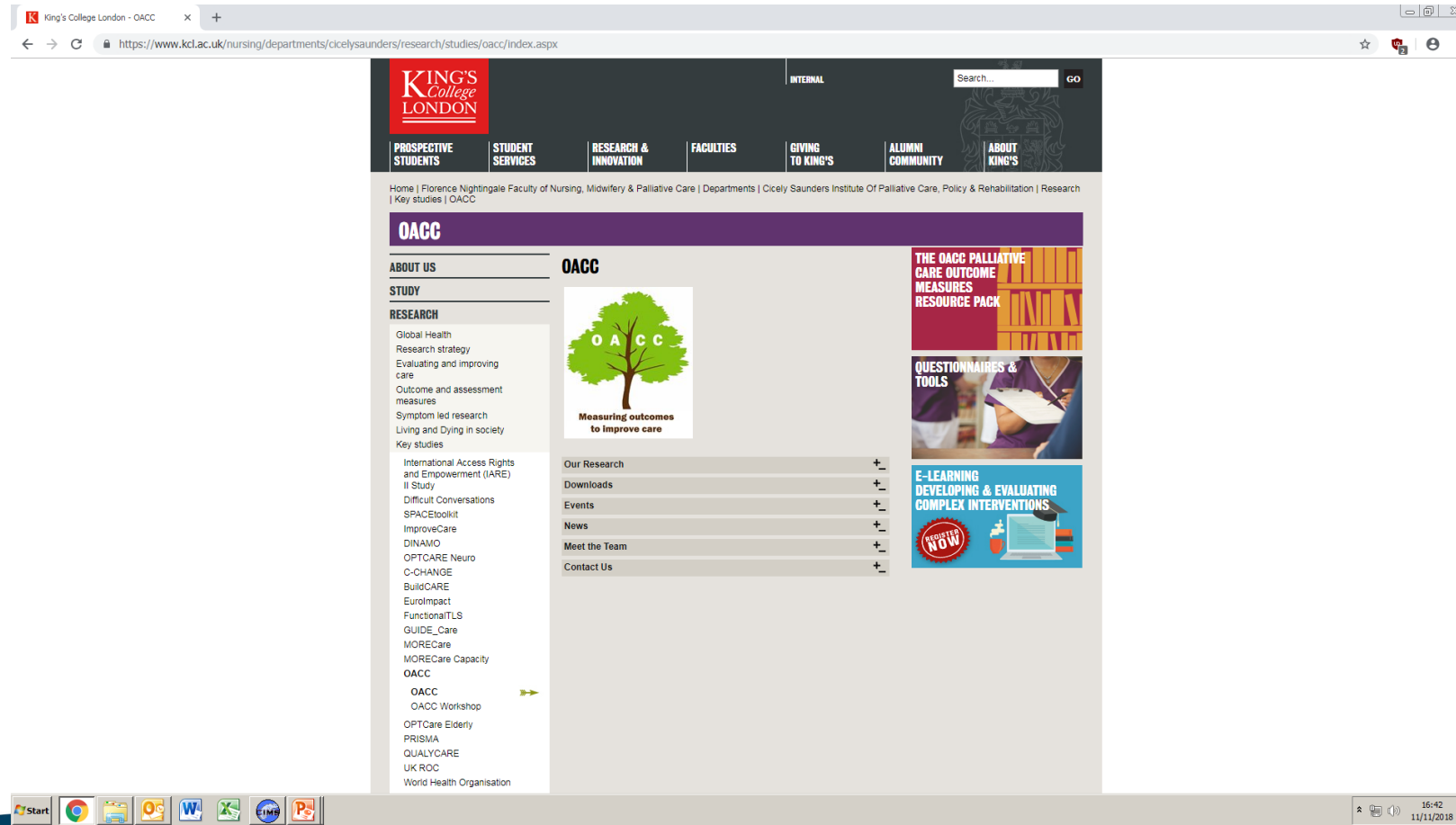
It was completely exhausting – they asked me about everything under the sun and I had already given a lot of the information to the nice lady from social services.

The worst bit was that it seemed like they had a lot of boxes on their bit of paper to fill in or tick and they didn't really want to listen to what was important to me.

Holistic assessment



Integrated Palliative Care Outcome Scale



Case Study

- David has been saying for days that the pain in his side has become more persistent again. He says he will discuss this when he goes to outpatients to see his doctor for his recent scan results.

His daughter has been agreeing with him that it will be ok after the appointment, as once they have the scan results more treatment can be given.

She encourages him to be positive about having options for further treatment that will manage the pain and that the scan will not show any more spread of his cancer.

You visit the day after the hospital visit and David looks uncomfortable. He says the pain has become worse. He tells you that the doctor has said: “There is no more treatment I can offer you”.



Explanation and planning

- Summarise the problems/concerns
- Give information/education where necessary
- Make a plan for each problem/concern, including pharmacological/non pharmacological interventions
- Advise re possible referrals and contact from MDT
- Advise re documentation/letter, with copy to GP, referrer and the patient/family.
- Plan for follow up and review

Thank you

How will you change your practice?

ANY QUESTIONS?



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References



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