

## **Advance Care Planning**

### Websites

- Advance decisions to refuse treatment: A guide for health & social care professionals (2013) <http://endoflifecareambitions.org.uk/wp-content/uploads/2016/09/Advance-Decisions.pdf>
- Compassion in Dying –Check out their resources <https://compassionindying.org.uk/library/>
- Conversation Game <https://www.dyingmatters.org/page/simple-way-get-conversation-started>
- Dying Matters website - [www.dyingmatters.org](http://www.dyingmatters.org)
- FINK™ Advance Care Planning <https://finkcards.com/products/advance-care-planning>
- Hospice UK – Planning your Future Care <https://shop.hospiceuk.org/products/planning-for-your-future-care-a-guide> (costs 50p)
- Gold Standards Framework (GSF) Check out the Proactive Identification Guidance (NEW PIG - 6th Edition 2016) <http://www.goldstandardsframework.org.uk/library-tools-amp-resources>
- Macmillan (2018) Missed opportunities. Advance care planning report [https://www.macmillan.org.uk/\\_images/missed-opportunities-end-of-life-advance-care-planning\\_tcm9-326204.pdf](https://www.macmillan.org.uk/_images/missed-opportunities-end-of-life-advance-care-planning_tcm9-326204.pdf)
- My Living Will (useful info for general public on advance decisions to refuse treatment) <https://www.mylivingwill.org.uk/>
- NHS England (dementia Team & End of Life Care Team) 2018 *My Future Wishes* ACP for people with dementia... <https://www.england.nhs.uk/wp-content/uploads/2018/04/my-future-wishes-advance-care-planning-for-people-with-dementia.pdf>
- SPICIT™ (Supportive & Palliative Care Indicators Tool 2017): <http://www.spict.org.uk/the-spict/>
- Your Conversation Starter Kit (Institute for Healthcare Improvement (2019 The conversation project <https://theconversationproject.org/wp-content/uploads/2017/02/ConversationProject-ConvosStarterKit-English.pdf> (American website)

### E-learning

- E-ELCA (End of Life Care for all - free to health care organisations + some open access modules) <http://www.endoflifecareforall.com/>
- HEKSS TEL - ACP Programme <http://www.canterbury.ac.uk/health-and-wellbeing/advance-care-planning/home.aspx>

### Journal Articles & Textbooks

- Bridges, J, Lynch, T., Schuster, A et al (2018) A review of paper-based advance care planning aids *BMC Palliative Care* <https://bmcpalliatcare.biomedcentral.com/articles/10.1186/s12904-018-0298-0>
- Downer, J., Goldman, R., Pinto, R. et al (2017) The “surprise question” for predicting death in seriously ill patients: a systematic review & meta-analysis. *CMAJ* April 3;189:E484-93. Doi:10.1503/cmaj.160775
- Fields, A., Finucane, A. Oxenham, D. (2013) Discussing preferred place of death with patients: staff experience s in a UK specialist palliative care setting. *International Journal of Palliative Nursing* Vol 19 (11)
- Gomes, B. Calanzani, N., Koffman, J. Higginson, I. (2015). Is dying in hospital better than home in incurable cancer & what factors influence this? A population based study. *BMC Medicine* 13:235. Open access research article. Can access via this link: <http://bmcmmedicine.biomedcentral.com/articles/10.1186/s12916-015-0466-5>

Advance Care Planning including DNACPR Awareness  
References & Resources (all links active January 2020)

- Horne, G., Payne, S., Seymour, J. (2015) Do patients with lung cancer recall physician initiated discussions about planning for end of life care following disclosure of a terminal diagnosis? *BMJ Supportive Palliative Care*. doi: 10.1136/bmjspcare-2015-001015
- Kimbell, B., Murray, S., Macpherson, S. & Boyd, K (2016) Embracing inherent uncertainty in advanced illness. *BMJ*, 354:i3802 doi:10.1136/bmj.i3802
- Lovell, A., Yates, P. (2014) Advance Care Planning in palliative care: A systematic literature review of the contextual factors influencing its uptake 2008 – 2012. *Palliative Medicine* Vol 28 (8)1026-1035.
- Miller, H., Tan, J., Clayton, J. et al (2019) Patient experiences of nurse-facilitated advance care planning in general practice setting *BMC Palliative Care* <https://bmcpalliatcare.biomedcentral.com/articles/10.1186/s12904-019-0411-z>
- Thomas, K, Lobo, B. Detering, K. (2018), *Advance Care Planning in End of Life Care*, Oxford: OUP.

### **Cardiopulmonary Resuscitation (CPR) decision making**

#### Websites

- Decisions relating to CPR (3rd ed. - 1st rev ) BMA, RC (UK), RCN (2016) <https://www.resus.org.uk/dnacpr/decisions-relating-to-cpr/>
- GMC (2013) Treatment and Care towards the end of life (2010) - DNACPR decisions: [http://www.gmc-uk.org/guidance/ethical\\_guidance/end\\_of\\_life\\_DNACPR\\_decision.asp](http://www.gmc-uk.org/guidance/ethical_guidance/end_of_life_DNACPR_decision.asp)
- NCEPOD (2012) Time to Intervene – summary of report [http://www.ncepod.org.uk/2012report1/downloads/CAP\\_summary.pdf](http://www.ncepod.org.uk/2012report1/downloads/CAP_summary.pdf)
- ReSPECT web-site <https://www.respectprocess.org.uk/> Check out the Learning Web-application

#### Journal Articles

[https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6404299/pdf/12904\\_2019\\_Article\\_411.pdf](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6404299/pdf/12904_2019_Article_411.pdf)

- Field, R., Soar, J., Nolan, J., Perkins, G. (2011). Epidemiology & outcome of cardiac arrests in the lay-person: an observational study. *Journal of Royal Society of Medicine*. Dec; 104 (12): 525-531
- Freeman, K., Field, R., Perkins, G. (2015) Variation in local trust DNACPR policies. *BMJ*. Doi: 10.1136/bmjopen-2014-006517.
- Fritz, Z., Slowther, A. Perkins, D. (2017) Resuscitation policy should focus on the patient, not the decision *BMJ* 2017; 356 doi: <https://doi.org/10.1136/bmj.j813> (Published 28 February 2017) <http://www.bmj.com/content/356/bmj.j813>
- Hall, C., Lugton, J., Spiller, J., Carduff, E. (2018) CPR decision making conversations in the UK: an integrative review. *BMJ Supportive & Palliative Care* 9: 1-11
- Imhof, L., Mahrer-Imhof, R., Janisch, C., Kesselring, A., Zenklusen, R. (2011) Do not attempt resuscitation: the importance of consensual decisions. *Swiss Medical Weekly*. 141: w13157.
- Pitcher, D, Fritz, Z. et al (2017) Emergency care & resuscitation plans. *BMJ* 2017; 356 doi: <https://doi.org/10.1136/bmj.j876> (Published 28 February 2017) <http://www.bmj.com/content/356/bmj.j876>

### **General**

- Ambitions for Palliative & End of Life Care (National Palliative and End of Life Care Partnership 2015). <http://endoflifecareambitions.org.uk/>
- National Council for Palliative Care – Difficult conversations booklets (COPD, Dementia, MND, Heart failure\*, Young Adults\*) [http://www.ncpc.org.uk/difficult\\_conversations](http://www.ncpc.org.uk/difficult_conversations) (only \* free to download, others cost £5)