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Note: All documents are to be reviewed on 3 yearly basis unless a change is required by legislation.							

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Groups to be notified about this document: Please detail staff/volunteer groups or roles who need to be notified the document has been published:	All Clinical and administration staff.
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Groups affected by this	This policy applies to all employees of the Pilgrims Hospices
document: Please detail	including casual and SLA workers.
staff/volunteer groups or roles to	
whom the policy/document is	
relevant:	

Category (to be applied when	Clinical	\boxtimes	Medicine Management	
uploading to Sharepoint.	Corporate		Health & Safety	
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	Volunteer			

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1. Policy statement

Pilgrims Hospices aims to provide high quality, hospice palliative care and end of life care to individuals diagnosed with a terminal illness, including the care and support of their carers and families. This policy sets out the referral process to access services. 2222

2. Services available at Pilgrims Hospices

All services are multi-professional in their philosophy. All referred patients have access to medical, nursing, counselling, complementary therapy, occupational and physiotherapy services Wellbeing services and chaplaincy input as well as volunteer services.

Services available at Pilgrims Hospices are as follows:

- In-patient Uni
- Community Services
- Patient Therapy Centre
- Hospice @ Home
- Counselling Support Services
- Bereavement Support Services
- Spiritual Care
- Physiotherapy including Breathlessness Management
- Occupational Therapy
- Complementary Therapies

Patients' family members and carers can access some of the Hospice services while the patient is under our care. Once a patient has died, certain services such as bereavement support and complementary therapies will continue to be offered for an agreed time. In addition, bereavement support services are offered as a routine to all family members and carers of Pilgrims Hospices patients, even if they have not accessed any other services prior to the patient's death.

Telephone advice is available 24 hours a day for patients, their families and carers as well as healthcare professionals.

3. Referral criteria for all services

Patients are accepted into the service if they have been diagnosed with a terminal illness such as: advanced cancer; advanced degenerative neurological conditions; end-stage dementia and end stage



organ failure. The complex nature of the illness requires a multi-professional specialist palliative care approach to the control of symptoms, psychological, social and spiritual support.

Patients who do not have hospice palliative care needs but have generic end of life care needs are also accepted.

Actions depending on location of General Practitioner (GP) and Patient

GP and patient within the catchment area:

Referral accepted

GP out of the catchment area and patient within the catchment area:

Referral accepted if GP is in agreement.

GP and patient outside the catchment area:

End of life care on IPU can be arranged.

GP within the catchment area and patient outside:

Reviewed on an individual basis depending on the distance from the catchment area boundary. Please note: for patients who live out of our catchment area but have a GP in it and for those who live in the area and have a GP outside, accessing DNs can be difficult especially OOHRs. This occurs most frequently on our boarders at Headcorn and Romney Marsh and can be very hard to manage. This situation will require careful consideration, communication and planning

Patient consent, mental capacity and/or Best Interest Decision Maker details are mandatory on every referral. The referral will be returned if these are not included, which would result in a delay in the patient receiving our care.

4. Making a referral to Pilgrims Hospices for hospice palliative care support and advice or end of life care support

Referral must always be made with the patient's agreement. Referrals can be made by:

- The patient's GP
- A qualified member of the primary health care team / Allied Health Professional (AHP)
- The patient's hospital consultant and / or qualified member of the ward team
- Hospital and community palliative care teams
- Hospices
- Nursing home staff

5. The referral process

All referrals to Pilgrims Hospices are to be made using the Pilgrims Hospices referral form (Appendix 1) via EMIS or obtained from the Pilgrims Hospices website and then emailed. Medical summaries



including current medication should be included with the referral form or contact with the GP will be made to obtain this information, downloaded with patient permission.

All referrals are triaged by a clinician and the referrer may be sought to clarify reasons for referral. The patient's GP or Consultant may also be contacted to confirm diagnosis. Once the referral has been accepted (see Appendix 3) it will be assigned to the appropriate health care professional or service for triage.

Patients will be contacted by the appropriate Hospice professional to arrange an assessment. A Hospice Appointment will be offered, unless the patient is unable to come to the Hospice, then a home visit may be offered.

If admission is requested for patients not previously known to the hospice, contact with the referrer is usually made. The patient may need to be assessed by member of the hospice multi-disciplinary team prior to the admission being agreed, unless the referral is made by a hospital palliative care team. If data sharing is in place, patient records will be accessed via EMIS with patients permission.

6. Inappropriate referrals

Referrals may not be accepted for patients who do not have hospice palliative care or generic end of life care needs, or who are deemed to not meet any of the referral criteria. The nurse professional responsible for triaging the referral will liaise with the referrer to explain why the referral has not been accepted. Documentation of all contacts should be recorded in the patient's electronic care record (EMIS) and the status changed appropriately.

7. Reason for referral

- Pain and symptom control including non-pharmacological support for breathlessness, fatigue and anxiety.
- Specialist psychological support including bereavement support
- End of life care
- Carer support
- Admission to IPU
- Hospice @ Home support
- Hospice Day Service
- Specialist medical support

8. Response standards

<u>Urgent referrals</u>: Contact must be made by the referrer on sending the referral to discuss the reasons for urgency. If the referral remains urgent then the patient will receive a phone call, once the referral has been accepted, to arrange an appointment or give appropriate advice.

<u>Routine referrals</u>: Contact will be made by the appropriate Hospice professional either within 48-72 hours or within 7 working days to arrange an appointment.



9. Shared Care

At Pilgrims Hospices, we share the care of patients both internally and externally, with other health and social care professionals to ensure we are using an integrated approach to providing high quality 24 hour care to patients referred to our services, including their families and carers.

10. Request for hospice in patient unit admission

To refer to the inpatient unit, a Transfer of Care Form (Appendix 2) must be completed along with the referral form and sent to the hospice for processing.

A pre admission assessment is required for all referrals for admission to the In Patient Unit. The patient should be seen and assessed by a member of the hospice team (Hospice or Hospital based) or practitioner with appropriate skills before a referral for In Patient Unit admission is made and accepted. If they are known to Pilgrims Hospices they must have been seen within the current episode by a member of the multidisciplinary team.

All requests for admission for patients known to Pilgrims Hospices are discussed at the daily vulnerable patient meeting, where members of the Hospice team (Hospice Doctor, Duty Nurse, In Patient Unit Nurse in charge) will discuss patient symptoms, concerns and needs of patients with complex needs. If admission is thought to be needed, the patient will be presented at the morning sitrep meeting where members of the medical and nursing team will review the current bed status and review the list of prioritised patients requiring admission.

If a bed is required urgently then the Nurse in charge of the In Patient Unit should be contacted.

11. Out of hours in patient unit admissions

The In-Patient Unit (IPU) does not routinely admit patients during the evenings or at weekends.

Emergency admissions can occur at weekends and outside of the admissions meeting, provided the patient has been assessed by a member of the clinical team. Agreement must be obtained from the nurse in charge on the in-patient unit and the clinician on call.

The doctor on call would be available to discuss other options with the referrer in the event of emergency situations arising at home.

12. Pilgrims Therapy Centre (Day Service)

Referrals to the Pilgrims Therapy Centre can be made directly using the same methods and criteria mentioned previously in sections 6, 7, 8, and 9 of this policy.

Patients attending day services will be able to benefit from a variety of programmes where they are supported to meet individual goals:

- Breathlessness Management
- Living with Fatigue
- Wellbeing Café
- Living with Anxiety



- Planning for the future
- Sit Down, Get Fit
- Energise, Exercise
- Strengthen and Balance
- Complementary Therapy
- Creative Arts Group (Time to Create, Writing for Wellbeing)

Transport options:

- Transport self in car, taxi or bus
- Friends and family
- Local car schemes including schemes that transport wheelchair users
- Volunteer drivers, depending on whether they meet the criteria, see Volunteer driver guidance

13. Adverse Comments/Complaints about Referral Process

Feedback regarding the referral process to all services is welcomed and should be addressed to: -

Director of Nursing and Care Services Pilgrims Hospices, 56 London Road, Canterbury, Kent CT2 8JA 01233 504133

A copy of Pilgrims Hospices' Adverse Comment and Complaint Policy is readily available on our website and from the above contact.



Appendix 1 – Referral form



Pilgrims Hospice Referral Form Completed Forms to Be Emailed to: PH.PilgrimsHospices@nhs.net

PATIENT DETA	ILS					GP DETAIL	S
Surname:			First Name:			Nam	ne:
D.O.B.:			Gender:			Coo	le:
Age:			NHS No.:				
Address:						Addres	ss:
Post code:							
Home Tel.:			Mobile:			Post coo	le:
Other Tel:			Other Tel Name:			Tel. N	0.:
Interpreter required?	Yes		First Language:			E-ma	ail:
		Home	Care Home	Hospital	Other		
Current Place of	of Care						

URGENCY OF THE REFERRAL. To be contacted (tick which one applies)								
	Within 24 hours (please call 01233 504133 to discuss)		Within 48-72 hours		Within 7 days			

PATIENT ENGAGEMENT AND AVAILABILITY I confirm the following: I have discussed the referral to the hospice for support with end of life care and the patient has consented and understands that Pilgrims may need to access the relevant information on their GP record. The patient is aware that they will be contacted by a member of staff from the hospice. If the patient lacks capacity the referral must be made in Best Interests of patient in conformance with Mental Capacity Act. Name: Role: Date: Best Interest Decision Maker Name (if relevant): Image: Content in the content of the patient):

CLINICAL SUMMARY OF PATIENT'S CONDITION (Additional Information from EMIS Record At End of Form)
Please include current main diagnosis, treatments, etc:
What is important for Pilgrims to know, to best meet the needs of the patient and their family?

Is the patient at risk of being in the last year of life?	Ye s		No		If no please ring to discuss: 01233 504133
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Is the patient able to travel to outpatient appoin	ntments?	Ye s	No	
If no, please specify reasons and requirements				

SERVICE(S) REQUIRED (Please Tick Those that Apply)									
	Breathlessness Management			Living with Anxiety		Energise, Exercise			
Pilgrims Therapy Centre	Living with Fatigue			Planning for the Future		Strengthen & Balance			
	Wellbeing Cafe				Sit Down, Get Fit				
Community/Outpatient Care			Rapid Response – Hospice@Home HCAs to support dying at home, thought to be in the last 72hrs of life						
Inpatient Admission									

CEILIN	CEILING OF TREATMENT DISCUSSED AND AGREED WITH PATIENT AND FAMILY – Please Tick							
	1	Intensive	Transfer to hospital if appropriate. Intubation, ventilation etc. should be considered					
	2	Hospital	Transfer to hospital for treatment if appropriate, DNACPR in place					
	3	Home	Treatment, medication and comfort measures within the community with support from GP. Admission to hospital would be avoided unless comfort measures fail					
	4	Comfort	For comfort measures only. Admission to hospital would be avoided unless comfort measures fail [e.g. Fracture neck of femur]					

ADDITIONAL PATIENT INFORMATION													
	Is patient able to make simple day to day choices and decisions?											No	
Mental	Is patient able to make complex decisions about treatment & care?									;		No	
Capacity	Is there an LPA fo	LPA for Health & Welfare? Yes									1		
	Is there an LPA for Property & Financial Yes									Γ	1		
Safeguarding	Yes		No		Additional Info:								
Infection Issu	Yes		No		Additional Info:								
Communicatio	Yes		No		Ac	Additional Info:							
Any Other Co	Yes		No		Ac	dditiona	l Info:						

NEXT OF KIN DETAILS							
Relationship to Patient:		Name:					
Home Number:		Adress					
Mobile Number:		Address:					



MAIN CARER DETAILS (if Different to Next of Kin)								
Relationship to Patient:		Name:						
Home Number:		Address:						
Mobile Number:		Address.						
	·							

PATIENT CLINICAL INFORMATION FROM MERGED GP ELECTRONIC RECORDS						
Allergies:						
Active Problems:						
Investigations:						
Significant past history:						
Current medication:						
Repeat medication:						



Appendix 2 – Transfer of Care form



Request for Inpatient Hospice Care Form Please Complete in Full to Avoid Delay

Any request for a transfer of a patient to Pilgrims Hospice's inpatient ward will not be considered without the following information to ensure that we are able to safely care for them. Please note when completing this form that each stand-alone hospice has only 3 nursing staff on out of office hours, there is no on-site medical cover during this time

PATIENT DETAIL	S							GP/REFERRI	ER DETAILS
Surname:					First Name:			Name:	
D.O.B.:					Gender:			Code:	
Age:					NHS No.:				
Address:								Address:	
Post code:									
Home Tel.:					Mobile:			Post code:	
Other Tel:					Other Tel Name:			Tel. No.:	
Interpreter required?	Yes	′es □ No □			First Language:			E-mail:	
		Home			Care Home	Hospital	Other		
Current Place of Care									
If Hospital, Site & Ward:					Ward Direct Line:				

PATIENT ENGAGEMENT AND AVAILABILITY I confirm the following: I have discussed the referral to the hospice for support with end of life care and the patient has consented and understands that Pilgrims may need to access the relevant information on their GP record. The patient is aware that they will be contacted by a member of staff from the hospice. If the patient lacks capacity the referral must be made in Best Interests of patient in conformance with Mental Capacity Act. Name: Role: Date: Best Interest Decision Maker Name (if relevant): Which Sites Would the Patient Accept? Please Note that Bariatric Beds Are Only Available at Canterbury Pilgrims Hospice \Box \square **Pilgrims Hospice Ashford Pilgrims Hospice Thanet** Canterbury

CLINICAL SUMMARY OF PATIENT'S CONDITION (Additional Information from EMIS Record At End of Form)
Please include current main diagnosis, treatments, the patient's and family's understanding, etc.:



CEILING	g of	TREATMENT	DISCUSSED AND AGREED WITH PATIENT AND FAMILY – Please Tick					
	1	1 Intensive Transfer to hospital if appropriate. Intubation, ventilation etc. should be considered						
	2	Hospital	al Transfer to hospital for treatment if appropriate, DNACPR in place					
	3 Home Treatment, medication and comfort measures within the community with support from GP. Admission to hospital would be avoided unless comfort measures fail							
	4 Comfort For comfort measures only. Admission to hospital would be avoided unless comfort measures fail [e.g. Fracture neck of femur]							
KARNO	FSK	Y PERFORM	ANCE SCALE – Please Tick					
	100 – 80		Able to carry on normal activity and to work; no special care needed					
	70 – 50		Unable to work; able to live at home and care for most personal needs; varying amount of assistance needed					
	□ 40 - 0		Unable to care for self; requires equivalent for institutional or hospital care; disease may be progressing rapidly.					

EOL INFORMATION									
DNACPR Form Completed:	Yes		No						
Preferred Place of Care:									
Preferred Place of Death:									

In your opinion, can this patient be safely looked after in a normal bed, in a unit with a maximum								
of 3 nursing staff and no overnight medical cover?								
Yes		No		If the answer is no, please call the ward and speak to the nurses				

	- Plea	That A	oply a	nd Pi	rovide	e Any Relevant Additional			
Information									
	Is patient able to ma choices and decision		nple c	lay to day	Yes		No		
Mental	Is patient able to ma about treatment & c		mplex	decisions	Yes		No		
Capacity	Is there an LPA for	Health	n & We	elfare?	Yes		No		
	Is there an LPA for Affairs?	Prope	rty & F	Financial	Yes		No		
DOLS		Yes		Additional In	Additional Info:				
Safeguarding	Issues	Yes		Additional In	nfo:				
Falls Risk/Mol	bility Issues	Yes		Additional In	nfo:				
Infection Issue	es	Yes		Additional In	nfo:				
Delerium/conf	Yes		Additional In	nfo:					
Syringe Driver Patch	Yes		Additional In	nfo:					
Pressure Ulce	Yes		Additional In	nfo:					



Referral and Transfer of Care Policy

Oxygen therapy	Yes	Additional Info:	
Bariatric/ Needs more than two to deliver care or move	Yes	Additional Info:	
Complex family dynamics	Yes	Additional Info:	
Has the Patient got a Continuing Healthcare Funding Agreement	Yes	Additional Info:	
Communication Difficulties	Yes	Additional Info:	
Any Other Considerations	Yes	Additional Info:	
Aware of visitors policy	Yes	No 🗖	

PATIENT CLINICAL INFORMATION FROM MERGED GP ELECTRONIC RECORDS							
Allergies:							
Active Problems:							
Investigations:							
Significant past history:							
Current medication:							
Repeat medication:							



Appendix 3 – Flowchart

Referrals comes in				
Put onto EMIS by the PPCs or Hub OOH				
Û				
Admin will then email doctors covering the relevant site to inform them that a diagnosis is needed. At a weekend please include all the medical staff on call on all sites Include Andrew Thorns in all emails After 5pm if you need a diagnosis to be added by the on call doctor please ring to inform them				
Û				
The doctor emails the CS Team for all three sites to confirm this has been completed If more information is needed, the doctor will request this from the patient pathway coordinator				
Û				
 The allocated doctor will: Add this onto EMIS using the problems tab Or confirm what the diagnosis should be and ask the admin team to put on from the "diagnosis – problems" on F12. If the relevant diagnosis is not there then this should be fed back to the doctor Reply all to the email to confirm they have done this to save colleagues also completing it In doing this the doctor confirms the diagnosis meets the Pilgrims hospice referral criteria 				
Û				
The PSN will then triage the referral as usual with discussion to other team members as needed.				



Document History				
Version	Publication Date	Author / Editor	Summary of Change	
V1	Click or tap to enter a date.	Head of Nursing	First publication	
V2	01/03/2021	Head of Nursing	Therapy centre program amendment Additional information regarding our boarders	